

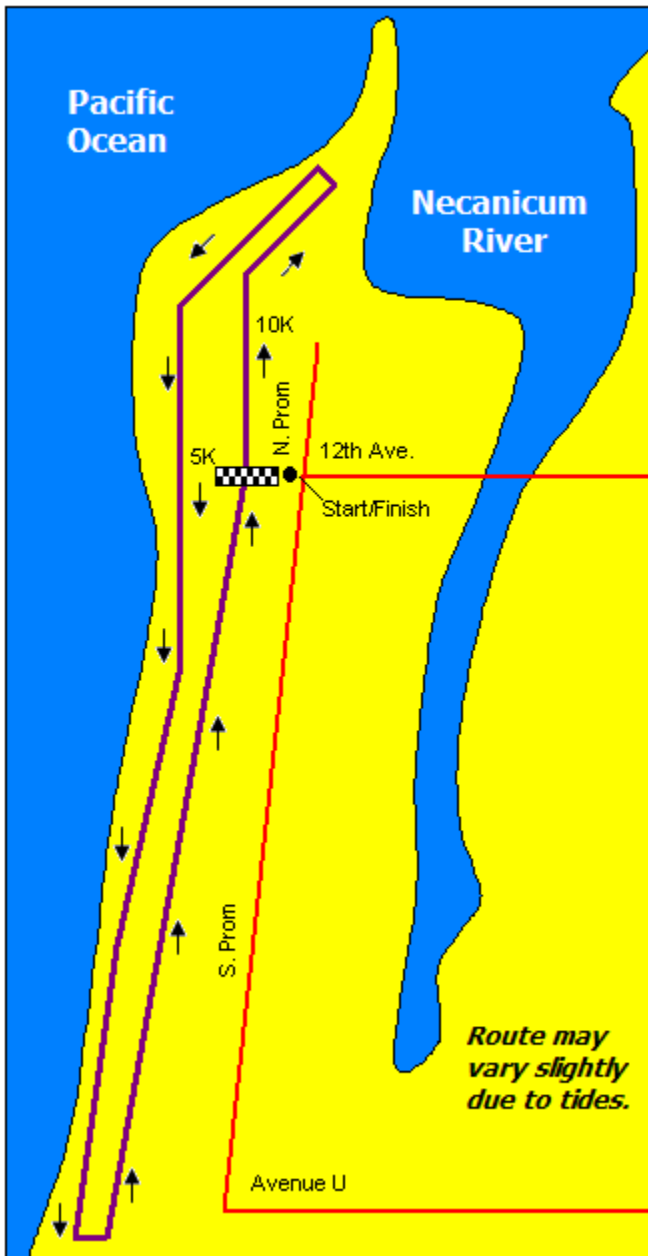
48TH ANNUAL

JULY 19, 2014

# SEASIDE BEACH RUN

"GET YOUR FEET WET!"

## Course Map



## Event Schedule

- 7:00 to 8:30 am** – Same day registration and registration packet pick-up (12<sup>th</sup> Ave. & Prom.)
  - 8:45 am** – 5K Competitive (timed) Walk begins
  - 8:50 am** – 5K Untimed Prom Walk begins
  - 9:00 am** – 5K and 10K races begin
  - 9:20 am (estimated)** – first 5K runners finish
  - 9:40 am (est.)** – first walkers/10K runners finish
  - 10:15 am (estimated)** – all races conclude
  - 10:30 to 11:00 am** – Kid's Sand Dash and Treasure Hunt activities
  - 11:15 am to 12:30 pm** – Post-Race Family Picnic and Awards Ceremony and Raffle
- Goodman City Park -- 12<sup>th</sup> Ave. & Necanicum Dr.*  
Located two blocks east of the event finish line.

Phone: (503) 738-8304

Web Site: [SeasideBeachRun.org](http://SeasideBeachRun.org)

Online Race Registration: [www.Active.com](http://www.Active.com)

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